

APPENDIX II  
PROOFS FROM SECTION V

A. Proof for Lemma 1

*Proof.* Let  $\mathbf{x}^*$  be such that  $\mathbf{v}(\mathbf{x}^*) = 0$ . Then, for all  $t \geq 0$ ,

$$\mathbf{x}_{t+1} - \mathbf{x}^* = \mathbf{x}_t - \mathbf{x}^* + \beta_t(\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1}).$$

Now, using the standard expansion, we get

$$\begin{aligned} \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 &= \|\mathbf{x}_t - \mathbf{x}^* + \beta_t(\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1})\|^2 \\ &= \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \beta_t^2 \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1}\|^2 \end{aligned} \quad (6a)$$

$$+ 2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1} \rangle. \quad (6b)$$

For the term (6a), we note that

$$\|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1}\|^2 = \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 + \|\mathbf{M}_{t+1}\|^2 + 2\langle \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*), \mathbf{M}_{t+1} \rangle.$$

For the term (6b), since  $-\mathbf{v}(\cdot)$  is  $\lambda$ -co-coercive, we have

$$\langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) \rangle \leq -\lambda \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2.$$

Hence,

$$2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*) + \mathbf{M}_{t+1} \rangle \leq -2\lambda\beta_t \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 + 2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{M}_{t+1} \rangle.$$

Returning to (6), we get

$$\begin{aligned} \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \beta_t^2 \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 + \beta_t^2 \|\mathbf{M}_{t+1}\|^2 \\ &\quad + 2\beta_t^2 \langle \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*), \mathbf{M}_{t+1} \rangle - 2\lambda\beta_t \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 \\ &\quad + 2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{M}_{t+1} \rangle \\ &= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \beta_t(2\lambda - \beta_t) \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 + \beta_t^2 \|\mathbf{M}_{t+1}\|^2 \\ &\quad + 2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{M}_{t+1} \rangle + 2\beta_t^2 \langle \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*), \mathbf{M}_{t+1} \rangle. \end{aligned}$$

Since  $T_0 \geq 1/\lambda$ ,  $\beta_t \leq \lambda$  for all  $t$ , then  $2\lambda - \beta_t \geq \lambda$ , and so

$$\begin{aligned} \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \lambda\beta_t \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 + \beta_t^2 \|\mathbf{M}_{t+1}\|^2 \\ &\quad + 2\beta_t \langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{M}_{t+1} \rangle + 2\beta_t^2 \langle \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*), \mathbf{M}_{t+1} \rangle. \end{aligned}$$

On taking expectation conditioned on  $\mathcal{F}_t$ , we have

$$\mathbb{E}[\langle \mathbf{x}_t - \mathbf{x}^*, \mathbf{M}_{t+1} \rangle \mid \mathcal{F}_t] = 0, \quad \mathbb{E}[\langle \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*), \mathbf{M}_{t+1} \rangle \mid \mathcal{F}_t] = 0,$$

since  $\{\mathbf{M}_{t+1}\}$  is a martingale difference sequence with respect to  $\{\mathcal{F}_t\}$ , and both  $\mathbf{x}_t$  and  $\mathbf{v}(\mathbf{x}_t)$  are  $\mathcal{F}_t$ -measurable.

Therefore,

$$\begin{aligned} \mathbb{E}[\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \mid \mathcal{F}_t] &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \beta_t^2 \mathbb{E}[\|\mathbf{M}_{t+1}\|^2 \mid \mathcal{F}_t] - \lambda\beta_t \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{x}^*)\|^2 \\ &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \beta_t^2 \sigma^2 (1 + \|\mathbf{x}_t\|^2) - \lambda\beta_t \|\mathbf{v}(\mathbf{x}_t)\|^2 \\ &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + 2\beta_t^2 \sigma^2 \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \beta_t^2 \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) - \lambda\beta_t \|\mathbf{v}(\mathbf{x}_t)\|^2, \end{aligned}$$

where we used  $\mathbf{v}(\mathbf{x}^*) = 0$  for the second inequality. This completes the proof for Lemma 1. □

B. Proof for Lemma 2

*Proof.* Taking expectation and dropping the negative residual term in Lemma 1 gives, for all  $t \geq 0$ ,

$$\mathbb{E}[\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2] \leq \mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2] + \beta_t^2 \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) + 2\beta_t^2 \sigma^2 \mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2].$$

Summing from  $i = 0$  to  $t - 1$ , we get

$$\mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2] \leq \mathbb{E}[\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) \sum_{i=0}^{t-1} \beta_i^2 + 2\sigma^2 \sum_{i=0}^{t-1} \beta_i^2 \mathbb{E}[\|\mathbf{x}_i - \mathbf{x}^*\|^2]$$

Set

$$B = \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \sigma^2(1 + 2\|\mathbf{x}^*\|^2) \sum_{i=0}^{\infty} \beta_i^2.$$

Then

$$\mathbb{E} [\|\mathbf{x}_t - \mathbf{x}^*\|^2] \leq B + 2\sigma^2 \sum_{i=0}^{t-1} \beta_i^2 \mathbb{E} [\|\mathbf{x}_i - \mathbf{x}^*\|^2].$$

By the discrete Gronwall inequality it follows that

$$\mathbb{E} [\|\mathbf{x}_t - \mathbf{x}^*\|^2] \leq B \exp\left(2\sigma^2 \sum_{i=0}^{t-1} \beta_i^2\right),$$

Since  $\sum_{i=0}^{\infty} \beta_i^2 < \infty$ , the right-hand side of the above bound is itself bounded by some constant  $\Gamma_1 := B \exp\left(2\sigma^2 \sum_{i=0}^{\infty} \beta_i^2\right) > 0$ . Hence there exists  $\Gamma_1 > 0$  such that

$$\sup_{t \geq 0} \mathbb{E} [\|\mathbf{x}_t - \mathbf{x}^*\|^2] \leq \Gamma_1.$$

□

### C. Proof for Lemma 3

*Proof.* Taking expectation in Lemma 1, and rearranging terms, we get

$$\lambda \beta_t \mathbb{E} [\|\mathbf{v}(\mathbf{x}_t)\|^2] \leq \mathbb{E} [\|\mathbf{x}_t - \mathbf{x}^*\|^2] - \mathbb{E} [\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2] + \beta_t^2 \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) + 2\beta_t^2 \sigma^2 \mathbb{E} [\|\mathbf{x}_t - \mathbf{x}^*\|^2].$$

Summing from  $i = 0$  to  $t$  gives

$$\lambda \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] \leq \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] - \mathbb{E} [\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2] + \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) \sum_{i=0}^t \beta_i^2 + 2\sigma^2 \sum_{i=0}^t \beta_i^2 \mathbb{E} [\|\mathbf{x}_i - \mathbf{x}^*\|^2].$$

Dropping the nonnegative term  $\mathbb{E} [\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2]$ , we obtain

$$\lambda \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] \leq \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) \sum_{i=0}^t \beta_i^2 + 2\sigma^2 \sum_{i=0}^t \beta_i^2 \mathbb{E} [\|\mathbf{x}_i - \mathbf{x}^*\|^2].$$

Now using

$$\mathbb{E} [\|\mathbf{x}_i - \mathbf{x}^*\|^2] \leq \Gamma_1,$$

we get

$$\lambda \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] \leq \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \sigma^2 (1 + 2\|\mathbf{x}^*\|^2) \sum_{i=0}^t \beta_i^2 + 2\sigma^2 \Gamma_1 \sum_{i=0}^t \beta_i^2.$$

Since  $\sum_{i=0}^{\infty} \beta_i^2 < \infty$ , we have

$$\lambda \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] \leq \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \left(\sigma^2 (1 + 2\|\mathbf{x}^*\|^2) + 2\sigma^2 \Gamma_1\right) \sum_{i=0}^{\infty} \beta_i^2.$$

Define

$$\Gamma_2 := \frac{1}{\lambda} \left( \mathbb{E} [\|\mathbf{x}_0 - \mathbf{x}^*\|^2] + \left(\sigma^2 (1 + 2\|\mathbf{x}^*\|^2) + 2\sigma^2 \Gamma_1\right) \sum_{i=0}^{\infty} \beta_i^2 \right).$$

Then, for all  $t \geq 0$ ,

$$\sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] \leq \Gamma_2.$$

This completes the proof. □

D. Proof for Lemma 4

*Proof.* We first note that co-coercivity of  $-\mathbf{v}$  implies that  $\mathbf{v}$  is  $(1/\lambda)$ -Lipschitz. Indeed, for all  $\mathbf{x}, \mathbf{x}' \in \mathbb{R}^{Nd}$ ,

$$\lambda \|\mathbf{v}(\mathbf{x}) - \mathbf{v}(\mathbf{x}')\|^2 \leq -\langle \mathbf{x} - \mathbf{x}', \mathbf{v}(\mathbf{x}) - \mathbf{v}(\mathbf{x}') \rangle \leq \|\mathbf{x} - \mathbf{x}'\| \|\mathbf{v}(\mathbf{x}) - \mathbf{v}(\mathbf{x}')\|,$$

and hence

$$\|\mathbf{v}(\mathbf{x}) - \mathbf{v}(\mathbf{x}')\| \leq \frac{1}{\lambda} \|\mathbf{x} - \mathbf{x}'\|.$$

**(a) Bound for  $\mathbb{E}\|\mathbf{U}_k\|^2$ .**

Expanding and taking conditional expectation yields

$$\begin{aligned} \|\mathbf{U}_{k+1}\|^2 &= \|(1 - \beta_k)\mathbf{U}_k + \beta_k \mathbf{M}_{k+1}\|_2^2 \\ &= (1 - \beta_k)^2 \|\mathbf{U}_k\|^2 + 2(1 - \beta_k)\beta_k \langle \mathbf{U}_k, \mathbf{M}_{k+1} \rangle + \beta_k^2 \|\mathbf{M}_{k+1}\|^2, \\ \mathbb{E}[\|\mathbf{U}_{k+1}\|^2 \mid \mathcal{F}_k] &= (1 - \beta_k)^2 \|\mathbf{U}_k\|^2 + \beta_k^2 \mathbb{E}[\|\mathbf{M}_{k+1}\|^2 \mid \mathcal{F}_k], \end{aligned}$$

since  $\mathbb{E}[\mathbf{M}_{k+1} \mid \mathcal{F}_k] = 0$  implies

$$\mathbb{E}[\langle \mathbf{U}_k, \mathbf{M}_{k+1} \rangle \mid \mathcal{F}_k] = \langle \mathbf{U}_k, \mathbb{E}[\mathbf{M}_{k+1} \mid \mathcal{F}_k] \rangle = 0.$$

Taking total expectation and using

$$\mathbb{E}\|\mathbf{M}_{k+1}\|^2 \leq \sigma^2(1 + \mathbb{E}\|\mathbf{x}_k\|^2) \leq \sigma^2(1 + 2\mathbb{E}\|\mathbf{x}_k - \mathbf{x}^*\|^2 + 2\|\mathbf{x}^*\|^2) \leq \sigma^2(1 + 2\Gamma_1 + 2\|\mathbf{x}^*\|^2) =: A,$$

we get

$$\mathbb{E}\|\mathbf{U}_{k+1}\|^2 \leq (1 - \beta_k)^2 \mathbb{E}\|\mathbf{U}_k\|^2 + A\beta_k^2.$$

Since  $\beta_k \in (0, 1]$ , we have  $(1 - \beta_k)^2 \leq (1 - \beta_k)$ , hence

$$\mathbb{E}\|\mathbf{U}_{k+1}\|^2 \leq (1 - \beta_k) \mathbb{E}\|\mathbf{U}_k\|^2 + A\beta_k^2. \quad (7)$$

Now we know,

$$\beta_k = \frac{1}{(k + T_0)^{\mathfrak{b}}}, \quad 0.5 < \mathfrak{b} < 1.$$

Hence

$$\beta_k - \beta_{k+1} = \frac{1}{(k + T_0)^{\mathfrak{b}}} - \frac{1}{(k + 1 + T_0)^{\mathfrak{b}}} = \frac{1}{(k + T_0)^{\mathfrak{b}}} \left(1 - \left(1 + \frac{1}{k + T_0}\right)^{-\mathfrak{b}}\right).$$

Using the inequality  $1 - (1 + t)^{-\mathfrak{b}} \leq \mathfrak{b}t$  for  $t \geq 0$ , we obtain

$$\beta_k - \beta_{k+1} \leq \frac{1}{(k + T_0)^{\mathfrak{b}}} \cdot \frac{\mathfrak{b}}{k + T_0} = \frac{\mathfrak{b}}{(k + T_0)^{\mathfrak{b}+1}}.$$

Also,

$$\beta_k^2 = \frac{1}{(k + T_0)^{2\mathfrak{b}}}.$$

Therefore

$$\frac{\beta_k - \beta_{k+1}}{\beta_k^2} \leq \frac{\mathfrak{b}}{(k + T_0)^{1-\mathfrak{b}}} \rightarrow 0.$$

Since  $\mathfrak{b} < 1$ , there exists  $k_0$  such that

$$\beta_k - \beta_{k+1} \leq \frac{1}{2}\beta_k^2, \quad \forall k \geq k_0.$$

Now define

$$\Gamma_3 := \max\left\{2A, \max_{0 \leq k \leq k_0} \frac{\mathbb{E}\|\mathbf{U}_k\|^2}{\beta_k}\right\}.$$

Then, by definition,

$$\mathbb{E}\|\mathbf{U}_k\|^2 \leq \Gamma_3 \beta_k, \quad \forall 0 \leq k \leq k_0.$$

Now fix  $k \geq k_0$  and assume inductively that

$$\mathbb{E}\|\mathbf{U}_k\|^2 \leq \Gamma_3 \beta_k.$$

Then by (7),

$$\mathbb{E}\|\mathbf{U}_{k+1}\|^2 \leq (1 - \beta_k)\Gamma_3 \beta_k + A\beta_k^2 = \Gamma_3 \beta_k - (\Gamma_3 - A)\beta_k^2.$$

Since  $\Gamma_3 \geq 2A$ , we have  $\Gamma_3 - A \geq \Gamma_3/2$ , and therefore

$$\mathbb{E}\|\mathbf{U}_{k+1}\|^2 \leq \Gamma_3\beta_k - \frac{\Gamma_3}{2}\beta_k^2.$$

Also, since  $k \geq k_0$ ,

$$\beta_k - \beta_{k+1} \leq \frac{1}{2}\beta_k^2,$$

which implies

$$\Gamma_3(\beta_k - \beta_{k+1}) \leq \frac{\Gamma_3}{2}\beta_k^2.$$

Hence

$$\mathbb{E}\|\mathbf{U}_{k+1}\|^2 \leq \Gamma_3\beta_k - \Gamma_3(\beta_k - \beta_{k+1}) = \Gamma_3\beta_{k+1}.$$

Thus, by induction,

$$\mathbb{E}\|\mathbf{U}_k\|^2 \leq \Gamma_3\beta_k, \quad \forall k \geq 0.$$

This completes the proof for part (a).

**(b) Bound on the summation of  $\beta_i\mathbb{E}[\|\mathbf{v}(\mathbf{z}_i)\|^2]$ .**

Using the Lipschitz property of  $\mathbf{v}$ ,

$$\|\mathbf{v}(\mathbf{z}_t)\| \leq \|\mathbf{v}(\mathbf{x}_t)\| + \|\mathbf{v}(\mathbf{z}_t) - \mathbf{v}(\mathbf{x}_t)\| \leq \|\mathbf{v}(\mathbf{x}_t)\| + \frac{1}{\lambda}\|\mathbf{U}_t\|.$$

Hence

$$\|\mathbf{v}(\mathbf{z}_t)\|^2 \leq 2\|\mathbf{v}(\mathbf{x}_t)\|^2 + \frac{2}{\lambda^2}\|\mathbf{U}_t\|^2.$$

Multiplying by  $\beta_t$ , taking expectation, and summing from  $i = 0$  to  $t$ , we get

$$\begin{aligned} \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{z}_i)\|^2] &\leq 2 \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{x}_i)\|^2] + \frac{2}{\lambda^2} \sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{U}_i\|^2] \\ &\leq 2\Gamma_2 + \frac{2\Gamma_3}{\lambda^2} \sum_{i=0}^{\infty} \beta_i^2. \end{aligned}$$

Define

$$\Gamma_4 := 2\Gamma_2 + \frac{2\Gamma_3}{\lambda^2} \sum_{i=0}^{\infty} \beta_i^2.$$

Then

$$\sum_{i=0}^t \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{z}_i)\|^2] \leq \Gamma_4, \quad \forall t \geq 0.$$

**(c) Bound on  $\mathbb{E}[\|\mathbf{v}(\mathbf{z}_i)\|^2]$  in terms of  $\mathbb{E}[\|\mathbf{v}(\mathbf{z}_t)\|^2]$ .**

Subtracting the recursion for  $\mathbf{U}_t$  from the recursion

$$\mathbf{x}_{t+1} = \mathbf{x}_t + \beta_t(\mathbf{v}(\mathbf{x}_t) + \mathbf{M}_{t+1})$$

gives

$$\begin{aligned} \mathbf{z}_{t+1} &= \mathbf{x}_{t+1} - \mathbf{U}_{t+1} \\ &= \mathbf{x}_t + \beta_t(\mathbf{v}(\mathbf{x}_t) + \mathbf{M}_{t+1}) - ((1 - \beta_t)\mathbf{U}_t + \beta_t\mathbf{M}_{t+1}) \\ &= \mathbf{z}_t + \beta_t(\mathbf{v}(\mathbf{x}_t) + \mathbf{U}_t) \\ &= \mathbf{z}_t + \beta_t(\mathbf{v}(\mathbf{z}_t) + \mathbf{e}_t), \end{aligned}$$

where

$$\mathbf{e}_t := \mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{z}_t) + \mathbf{U}_t.$$

By the  $(1/\lambda)$ -Lipschitz property of  $\mathbf{v}$ ,

$$\|\mathbf{e}_t\| \leq \|\mathbf{v}(\mathbf{x}_t) - \mathbf{v}(\mathbf{z}_t)\| + \|\mathbf{U}_t\| \leq \left(1 + \frac{1}{\lambda}\right)\|\mathbf{U}_t\|.$$

Hence, using part (a),

$$\mathbb{E} [\|\mathbf{e}_t\|^2] \leq \left(1 + \frac{1}{\lambda}\right)^2 \mathbb{E} [\|\mathbf{U}_t\|^2] \leq \left(1 + \frac{1}{\lambda}\right)^2 \Gamma_3 \beta_t.$$

Since

$$\mathbf{z}_{t+1} - \mathbf{z}_t = \beta_t (\mathbf{v}(\mathbf{z}_t) + \mathbf{e}_t),$$

we have

$$\mathbf{v}(\mathbf{z}_t) = \frac{\mathbf{z}_{t+1} - \mathbf{z}_t - \beta_t \mathbf{e}_t}{\beta_t}.$$

Therefore

$$\begin{aligned} \|\mathbf{v}(\mathbf{z}_{t+1})\|^2 &= \|\mathbf{v}(\mathbf{z}_t)\|^2 + \|\mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t)\|^2 + 2\langle \mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t), \mathbf{v}(\mathbf{z}_t) \rangle \\ &= \|\mathbf{v}(\mathbf{z}_t)\|^2 + \|\mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t)\|^2 \\ &\quad + \frac{2}{\beta_t} \langle \mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t), \mathbf{z}_{t+1} - \mathbf{z}_t - \beta_t \mathbf{e}_t \rangle. \end{aligned}$$

Since  $-\mathbf{v}$  is  $\lambda$ -co-coercive,

$$\langle \mathbf{z}_{t+1} - \mathbf{z}_t, \mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t) \rangle \leq -\lambda \|\mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t)\|^2.$$

Substituting this above yields

$$\|\mathbf{v}(\mathbf{z}_{t+1})\|^2 \leq \|\mathbf{v}(\mathbf{z}_t)\|^2 - \left(\frac{2\lambda}{\beta_t} - 1\right) \|\mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t)\|^2 - 2\langle \mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t), \mathbf{e}_t \rangle.$$

Now note that for any  $c > 0$ ,

$$0 \leq \left\| \sqrt{c}u + \frac{1}{\sqrt{c}}w \right\|^2 = c\|u\|^2 + 2\langle u, w \rangle + \frac{1}{c}\|w\|^2,$$

which implies

$$-c\|u\|^2 - 2\langle u, w \rangle \leq \frac{1}{c}\|w\|^2.$$

Applying this with

$$c = \frac{2\lambda}{\beta_t} - 1, \quad u = \mathbf{v}(\mathbf{z}_{t+1}) - \mathbf{v}(\mathbf{z}_t), \quad w = \mathbf{e}_t,$$

we get

$$\|\mathbf{v}(\mathbf{z}_{t+1})\|^2 \leq \|\mathbf{v}(\mathbf{z}_t)\|^2 + \frac{1}{c}\|\mathbf{e}_t\|^2.$$

Since  $T_0 \geq 1/\lambda$ ,  $\beta_t \leq \lambda$  for all  $t$ , we have

$$c = \frac{2\lambda}{\beta_t} - 1 \geq \frac{\lambda}{\beta_t},$$

and hence

$$\|\mathbf{v}(\mathbf{z}_{t+1})\|^2 \leq \|\mathbf{v}(\mathbf{z}_t)\|^2 + \frac{\beta_t}{\lambda}\|\mathbf{e}_t\|^2.$$

Taking expectation and using the bound on  $\mathbb{E}[\|\mathbf{e}_t\|^2]$ , we obtain

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_{t+1})\|^2] \leq \mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] + \frac{(1 + \lambda^{-1})^2 \Gamma_3}{\lambda} \beta_t^2.$$

Define

$$\Gamma_5 := \frac{(1 + \lambda^{-1})^2 \Gamma_3}{\lambda}.$$

Then

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_{t+1})\|^2] \leq \mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] + \Gamma_5 \beta_t^2.$$

Iterating this inequality from  $j = i$  to  $t - 1$  gives

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_i)\|^2] \geq \mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] - \Gamma_5 \sum_{j=i}^{t-1} \beta_j^2,$$

which proves part (c). □

E. Proof for Lemma 5

*Proof.* For each  $i \leq t-1$ , Lemma 4(c) implies

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \leq \mathbb{E} [\|\mathbf{v}(\mathbf{z}_i)\|^2] + \Gamma_5 \sum_{j=i}^{t-1} \beta_j^2.$$

Multiplying by  $\beta_i$  and summing from  $i=0$  to  $t-1$ , we get

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \sum_{i=0}^{t-1} \beta_i \leq \sum_{i=0}^{t-1} \beta_i \mathbb{E} [\|\mathbf{v}(\mathbf{z}_i)\|^2] + \Gamma_5 \sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2.$$

Adding the nonnegative term  $\beta_t \mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2]$  to both sides and using Lemma 4(b) yields

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \sum_{i=0}^t \beta_i \leq \Gamma_4 + \Gamma_5 \sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2. \quad (8)$$

Hence

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \leq \frac{\Gamma_4}{\sum_{i=0}^t \beta_i} + \Gamma_5 \frac{\sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2}{\sum_{i=0}^t \beta_i}.$$

Since  $T_0 \geq 1$ , for every  $i \geq 0$ ,

$$i+1 \leq i+T_0 \leq T_0(i+1),$$

and hence

$$T_0^{-b}(i+1)^{-b} \leq \beta_i \leq (i+1)^{-b}.$$

Therefore,

$$\sum_{i=0}^t \beta_i \geq (t+1)\beta_t = (t+1)(t+T_0)^{-b} \geq T_0^{-b}(t+1)^{1-b},$$

so

$$\frac{\Gamma_4}{\sum_{i=0}^t \beta_i} \leq \Gamma_4 T_0^b (t+1)^{-(1-b)}.$$

Also,

$$\sum_{i=0}^j \beta_i \leq \sum_{i=0}^j (i+1)^{-b} \leq 1 + \int_1^{j+1} x^{-b} dx \leq \frac{(j+1)^{1-b}}{1-b}.$$

Hence

$$\sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2 = \sum_{j=0}^{t-1} \left( \sum_{i=0}^j \beta_i \right) \beta_j^2 \leq \frac{1}{1-b} \sum_{j=0}^{t-1} (j+1)^{1-3b}.$$

If  $b \in (\frac{1}{2}, \frac{2}{3})$ , then

$$\sum_{j=0}^{t-1} (j+1)^{1-3b} \leq 1 + \int_1^{t+1} x^{1-3b} dx \leq \frac{(t+1)^{2-3b}}{2-3b}.$$

Therefore,

$$\Gamma_5 \frac{\sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2}{\sum_{i=0}^t \beta_i} \leq \frac{\Gamma_5 T_0^b}{(1-b)(2-3b)} (t+1)^{-(2b-1)}.$$

Combining this with the bound on the first term, and using

$$(t+1)^{-(1-b)} \leq (t+1)^{-(2b-1)},$$

we get

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \leq \left( \Gamma_4 T_0^b + \frac{\Gamma_5 T_0^b}{(1-b)(2-3b)} \right) (t+1)^{-(2b-1)}.$$

If  $b = \frac{2}{3}$ , then

$$\sum_{j=0}^{t-1} (j+1)^{-1} \leq 1 + \int_1^{t+1} \frac{dx}{x} \leq 2 \log(t+2).$$

Therefore,

$$\Gamma_5 \frac{\sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2}{\sum_{i=0}^t \beta_i} \leq 6\Gamma_5 T_0^{2/3} \frac{\log(t+2)}{(t+1)^{1/3}}.$$

Combining this with the bound on the first term, and using

$$1 \leq \frac{\log(t+2)}{\log 2},$$

we get

$$\mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] \leq \left( \frac{\Gamma_4 T_0^{2/3}}{\log 2} + 6\Gamma_5 T_0^{2/3} \right) \frac{\log(t+2)}{(t+1)^{1/3}}.$$

If  $\mathfrak{b} \in (\frac{2}{3}, 1)$ , then

$$\sum_{j=0}^{t-1} (j+1)^{1-3\mathfrak{b}} \leq \sum_{j=0}^{\infty} (j+1)^{1-3\mathfrak{b}}.$$

Therefore,

$$\begin{aligned} \Gamma_5 \frac{\sum_{i=0}^{t-1} \beta_i \sum_{j=i}^{t-1} \beta_j^2}{\sum_{i=0}^t \beta_i} &\leq \\ &\frac{\Gamma_5 T_0^{\mathfrak{b}}}{1-\mathfrak{b}} \left( \sum_{j=0}^{\infty} (j+1)^{1-3\mathfrak{b}} \right) (t+1)^{-(1-\mathfrak{b})}. \end{aligned}$$

Combining this with the bound on the first term, we get

$$\begin{aligned} \mathbb{E} [\|\mathbf{v}(\mathbf{z}_t)\|^2] &\leq \\ &\left( \Gamma_4 T_0^{\mathfrak{b}} + \frac{\Gamma_5 T_0^{\mathfrak{b}}}{1-\mathfrak{b}} \sum_{j=0}^{\infty} (j+1)^{1-3\mathfrak{b}} \right) (t+1)^{-(1-\mathfrak{b})}. \end{aligned}$$

□